



EDUCATE - PRESERVE - MAINTAIN

THREE RIVERS BACK COUNTRY HORSEMEN NEWS

June/July 2010

The President's Message:

Well the sunshine has arrived, and with it heat! The improvement in weather has been most welcome and it is great to see our members to getting out on the trails. We have lots more activities this summer and would love to see a great turnout!

Since our last newsletter the group completed a several group rides, a number of preparatory rides for fence repair at the Carson Forest, our first group tack sale, a three day "Leave No Trace" training clinic, and an Obstacles Training Course.

Our "Leave No Trace" trainer stressed to us that one very important part of getting out on the trail is safety. She stressed that we should include a safety discussion before each trail activity. In view of the recent injuries reported in one of the nearby chapters I believe we should take this suggestion to heart. It is a good time to do a yearly check of our tack, trailers, and riding equipment. Have a discussion before riding about potential hazards on the trail. If you are riding by yourself let others know your plans, carry a cell phone or radio. Cover all your bases. If you ride from a stable leave emergency contact information. You know the saying about an ounce of prevention being worth a pound of cure!

We had a wonderful speaker in May, Kenny Welch, who spoke on natural balanced and barefoot trimming. We also keep hearing about riders opting for hoof boots. There have been so many new options, many of which have been receiving excellent reviews. We keep hearing that increasing numbers are exploring their options with this new technology. The more I hear the more I am convinced it's the right thing for the weekend rider and those who just want an easy and inexpensive solution to shoeing. If you are interested do your homework and talk to others to better educate yourself.

Karen Bennett of the US Forestry Service Wild Mustang Program also gave the group a peek into the life of the mustangs in the Carson Forest. Since a great many of our projects are focused in the Carson Forest, Karen also cautioned that bears have been active in that area due to seasonal food and water shortages.

On a broader note, the national meeting of BCHA was held in Branson Missouri in April. There was a continued emphasis on maintaining relationships with agencies and local organizations that can help protect and create trails. I also noted the importance of staying focused on our mission to drive our memberships. BCHA now has 171 chapters and almost 13,000 members. What an accomplishment to think that this great organization came about as a brainchild of the 9 original people who thought up BCHA. Did you know BCHA national volunteer hours were reported to be 345,689 hours at a value of \$7,490, 864? The subject of the July membership meeting will focus on volunteerism. I will be discussing how our volunteer hours are calculated and how your contributions benefit BCHA and our own group. Many of you have asked me about this subject and I hope to provide you an informative talk.

Stay tuned for work project updates, rides and a cookout in July to talk about trail boss responsibilities, safety, and other hot topics. You may have received some recent questions from me on various topics. The questions are basically a survey seeking your opinion on topics regarding recent member concerns and comments. I will take a poll of your answers and report back to you at the cookout. Please respond since it is important that we hear from all of you. Thanks again!

Till we meet on the trail!

3RBCH President, *Barbara Kiipper*

3RBCH MEETING CALENDAR

Date	Event	Time	Location
July 6	BCH Board Meeting BCH Trails Committee	6:00-7:00pm 7:00-8:00pm	Fraternity of Police Building 6750 Pecos Drive, Farmington
July 18	Group Barbeque/Pot Luck	12:30-2:30	Browning Ranch (at the pond)
July 22	General Membership Meeting Speaker- Barbara Kiipper, Volunteer Hours	6:30-8:00pm	Fraternity of Police Building 6750 Pecos Drive, Farmington
July 24	Work Party	TBA	Carson Forest, Buzzard Park
Aug 3	BCH Board Meeting BCH Trails Committee	6:00-7:00pm 7:00-8:00 pm	Fraternity of Police Building 6750 Pecos Drive, Farmington
Aug 26	General Membership Meeting Speaker – Donna Wade, Red Cross – Emergency Evacuation Training	6:30-8:00pm	Fraternity of Police Building 6750 Pecos Drive, Farmington
Aug 27-28	BCHA-NM State Rendezvous		Fort Stanton, NM
Sept 7	BCH Board Meeting BCH Trails Committee	6:00-7:00 pm 7:00-8:00 pm	Fraternity of Police Building 6750 Pecos Drive, Farmington

**General Membership Meetings are preceded at 6pm by a social “half-hour” for those who want to attend.
Meeting follows at 6:30pm**

LOCAL EVENTS AND CLINICS

June– Leave No Trace Training Weekend, The LNT Training Weekend was a great success. Nine BCH members received “Leave No Trace Awareness Certificate of Completion” certificates for their efforts. The Largo Canyon School also turned out to be a wonderful lodging facility with great potential for future BCH activities. Our trainers, Cheryl Nigg and JoAnn Van Der Geist, gave a very informative class and were a lot of fun as well. Also we would like to send a big thank you to the Barlow-Iricks for their kind generosity and hospitality.

Hammond Ditch Obstacles Training – There was a great turnout for the Obstacles Training Ride June 26. Many challenges were offered for horses of various stages of training and for riders alike. Some of the obstacles offered were riding in water, narrow places, crossing logs, pulling logs, shiny objects, rolling hills, steep hills, & weaving through obstacles. Those who set up the course put out a fantastic effort!

Cross Cut and Chainsaw Training – The Forest Service has notified 3RBCH that it may start providing training on this subject in the near future since previous options were not working out.

LOOKING FOR VOLUNTEERS

Raffle Prizes: Seeking members to donate door prizes for general membership door prize.

Meeting Snacks: Seeking members to provide snacks for the General Meeting for future meetings. Call or email Barbara to get on the Calendar.

Speakers - 3RBCH is seeking speakers for future meetings. If you know a group or person that you think might provide a valuable presentation or clinic please contact the 3RBCH board or president.

Horse & Rider Safety Awareness Trainers – Seeking members who would be willing to make presentations regarding horse & rider safety awareness for bicycle and at trail riders.

COMMUNITY INVOLVEMENT OPPORTUNITIES

July 2, 3, 4 – Work Weekend /Trail Ride

Sargent's Wildlife Area - Sargent's now requires that visitors acquire a "special use" stamp when riding or hunting. The stamp can be purchased at various locations locally. It was confirmed that the stamps are sold at Wal-Mart in the sporting goods section.

July 24 and August 14 Work Parties

Carson Forest, Buzzard Park Campground, Mustang Fence Repair

Search and Rescue – The new sheriff expects to see progress towards establishing a search and rescue operation providing personnel and animals from our chapter. Jack Richards will keep the group informed of future developments. We can expect further training assistance from the Boulder City, Co and Pagosa, CO units.

OTHER NEWS

T-Shirts Anyone? We will be ordering 3RBCH T-shirts, caps and visors soon with our logo! Contact Barbara Kipper to order yours.

The State **Rendezvous** is August 26 to 29th in Fort Stanton which is about a 6 hr drive, we are encouraging people to go and learn as well as have a lot of fun.

Annual Membership Dues will be coming up in January but we have to play catch up for those who joined the club before January 2010. **Notices will be sent out in July.**

For those of you who just don't do the "email thing" and would like to receive a newsletter by mail, please provide Lisa Ray self addressed stamped envelopes that will fit a 3-4 page folded newsletter and we will get the newsletter to you. We would love to get our news out to you!

The **Four Corners Equine Rescue** has a lot of great horses looking for adoption at their facility so please check them out. FCER is also seeking volunteers and has numerous fund raising events throughout the year. Members might consider donating items for FCER fundraisers. They are also accepting donations of supplies for their horses. Some needed items include: horse feed, grooming items, feeders, de-wormer, fly masks, jolly balls etc. FCER is a non-profit organization licensed by the New Mexico livestock board. Phone number: 505-334-7220.

Be careful out there in the sun. The following are some signs of Heat Stress:

- **Heat Stroke** – No sweating, Hallucinations, Chills, Throbbing Headache, Confusion, Dizziness, Slurred Speech, High Body Temperature. Treatment: Call 911, get to a cool shady area, and soak with cool water, fan body.
- **Heat Exhaustion** – Heavy Sweating, Extreme Weakness, Dizziness, Confusion, Nausea, Clammy Moist Skin, Pale or Flushed Complexion, Muscle Cramps, Slightly Elevated Body Temperature, Fast & Shallow Breathing. Treatment: Rest in a cool shady place, drink plenty of water or other cool non-alcoholic beverages, take a cool bath, shower or sponge off to cool
- **Heat Syncope** – Light headedness, Dizziness, Fainting. Treatment: Sit or lie down in a cool place. Slowly drink water, clear juice or a sports beverage.
- **Heat Cramps** – Muscle Pain or Spasms usually in the abdomen, arms or legs caused by depleted salt and moisture levels. Treatment – stop all activity and sit in a cool place, drink clear juices or sports beverages, Rest for a few hours after cramps subside, Seek medical attention if heart problems are present.

3RBCH CONTACTS

The Board

Barbara Kiipper	President	505-360-5996	kipquin08@yahoo.com
Judy Richards	Vice-President	505-334-1367	riocash1@hotmail.com
Linda Trcka	Secretary Also updates Yahoo Groups Site	505-324-9017	lct690@yahoo.com
Beth Lowman	Treasurer	505-402-6356	festus@gobrainstorm.com
Angie Krauss	Trails Committee	505-635-8115	realtentlady@yahoo.com
Lisa Ray	Newsletter Yahoo. Groups Site	505-326-2835	lisar59@yahoo.com

Websites of Interest

3RBCH Yahoo Group (Up-to-date news and group calendar)	http://groups.yahoo.com/group/3RBCHNM/
3RBCH Blog	http://www.3rbchnm.blogspot.com/
Back Country Horsemen of New Mexico	http://www.bchnm.org/
Back Country Horsemen of America	http://www.backcountryhorse.com
Four Corners Equine Rescue	http://www.fourcornersequinerescue.org
Region 3, North American Trail Riders Conference	http://www.natrc3.org/
ACTHA Yahoo Chat Group	http://sports.groups.yahoo.com/group/ACTHA
New Mexico Nicker	http://www.nmnicker.com

Extended Calendar

- July 2, 3, 4: Sargent's Game Preserve Trail Ride/Work Party (Trail Boss: Jack/Judy Richards)
- July 17-18: NATRC Ride Purgatory, Co.
- July 24: Carson Forest Work Party, Buzzard Park Campground
- August 14: Carson Forest Work Party, Buzzard Park Campground
- August 27, 28: BCH State "Rendezvous", Fort Stanton, NM
- September 18: Cottonwood Trail Ride (Trail Boss: Linda Trcka)
- Sept. 24-26: NATRC Chokecherry Canyon Theme Ride
- October 2: Transfer Park Trail Ride (Trail Boss: Dr. Emond)
- October 23: Navajo Dam Trail Ride (Trail Boss: Sonny Mills)
- December 4: Christmas Party, Fraternity of Police Building.

www.Int.org

